Book Review

Netter’s Sports Medicine 2nd Edition
Christopher C. Madden; Margot Putukian; Eric C. McCarty; Craig C. Young

Review by: Ead Lorprayoon. MD. (Orthopedics)
BASEM, Bangkok Academy of Sports and Exercise Medicine, Bangkok Hospital Headquarters, Bangkok, Thailand.

This is the second edition of the popular Netter’s sports medicine book 7 years since the first edition. Most of the artwork has been illustrated by the well-known Dr. Frank H. Netter.

Purpose: To cover each aspect of sports medicine in one book.

Audience: From students to professors, this book can provide everyone in sports a comprehensive understanding of sports medicine.

Features: This book features 8 sections: care of the athletes, special population, conditioning, environment, psychology, medical problems, injuries and specific sports. There are many topics included in each section. There are one or more authors for each subject and they are all known experienced experts in their field. Many new and innovative areas of interest have been included in this second edition which are not featured in the first edition such as: sports pharmacology of chronic diseases, psychiatry and behavioral medicine, the wilderness athlete and adventurer, travel considerations for athletes and sports medical teams, ECG interpretation in athletes, sports ultrasound, the ultimate frisbee and extreme athletes.

Online contents: videos, printable forms and patient education brochures featuring Netter’s beautiful illustrations.

Assessment: This is a well-crafted and easy to read book. The artwork and illustrations make it easy to understand each topic. In this book you can look up specific subjects of sports medicine in a very short time. The specific sports contents that go deep into each sport make this book a valuable tool.

Comments: A must have book for everyone interested in sports science and medicine.